



Nutrition and Ingredient Statement

Product Name: Pasta & Meatballs
Product Code: FG1012
Serving Size: 1 each (9.46 ounces)
Portions/Case: 20

Nutrition Facts	
Serving Size 1 entrée (9.46 oz)	
Servings Per Container 1	
Amount Per Serving	
Calories 370	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 490mg	20%
Total Carbohydrate 43g	14%
Dietary Fiber 4g	16%
Sugars 3g	
Protein 20g	
Vitamin A 0%	• Vitamin C 2%
Calcium 4%	• Iron 20%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS & ALLERGENS

MARINARA SAUCE (CRUSHED TOMATOES [WATER, CONCENTRATED CRUSHED TOMATOES], SUGAR, SEA SALT, EXTRA VIRGIN OLIVE OIL, SUNFLOWER OIL, SPICES, DEHYDRATED GARLIC, CITRIC ACID), **FULLY COOKED GLUTEN FREE SOY FREE BEEF MEATBALLS** (GROUND BEEF [NOT MORE THAN 20% FAT], WATER, RICE FLOUR, ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, CULTURES, RENNET, SALT), SALT, FRESH GARLIC, PARSLEY FLAKES, BLACK PEPPER, DEHYDRATED CHOPPED ONION), **WHOLE GRAIN ROTINI** (WHOLE WHEAT DURUM FLOUR, DURUM WHEAT SEMOLINA, DURUM WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), **PART-SKIM MOZZARELLA CHEESE** (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE [ADDED TO PREVENT CAKING]), **CANOLA OIL**, **ITALIAN GARLIC SEASONING** (SPICES, MALTODEXTRIN, DEHYDRATED GARLIC, NATURAL FLAVOR)

ALLERGENS: CONTAINS MILK, WHEAT

CREDITING: 1.5 oz eq Grain, 2 oz eq MMA, .25 cup Red Veg

Debbie Blacher
Signature

Debbie Blacher
Printed Name

CEO
Title

August 11, 2019
Date

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Nutrition and Ingredient Statement

Product Name: Pasta & Meatballs
Product Code: FG1012

Perfect For:

- ✓ Summer Feeding
- ✓ Supper Meals
- ✓ Grab & Go
- ✓ Satellite Feeding





Product Formulation Statement

Product Name: Pasta and Meatballs
Product Code: FG1012
Serving Size: 1 each (9.5 ounces)

Meat/Meat Alternate

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate.

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Portion of Creditable Ingredient	Multiply	FBG Yield/ Servings Per Unit	Creditable Amount*
Beef meatballs (CN #093065)	2.03	x	2.00/2.70	1.50
Mozzarella cheese, shredded	0.50	x	16/16	0.50
Total Creditable M/MA Amount¹				2.00

*Credible Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Grains

I. Does the product meet the Whole Grain-Rich Criteria?: Yes No

(Per SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains?: Yes No

(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

The Product Belongs in Exhibit A Group (A-I): H

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
Whole grain rotini pasta (g)	42	28	1.50
Total Creditable G/B Amount¹			1.50

¹Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq.



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Vegetable

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (quarter cups)
Spaghetti sauce	Red/orange	2.50	x	47.90/106	1.12
Total Creditable Veg Amount					1/4 cup
Total	Beans/Peas (Legumes)	Dark Green	Red/Orange	Starchy	Other
			1/4 cup		

Total weight (per portion) of product as purchased: 9.46 oz
 Total Creditable MMA amount of product (per portion): 2.00 oz
 Total Grain/Bread contribution of product (per portion): 1.50 oz equivalent
 Total Vegetable contribution of product (per portion): 1/4 cup(s)

I certify that the above information is true and correct and that a 9.46 oz serving of the above product contains 2.00 oz of equivalent meat/meat alternate, 1.50 oz equivalent grains, and 1/4 cup(s) of red/orange vegetables when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Debbie Blacher
Signature

CEO
Title

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Debbie Blacher
Printed Name

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Date

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