



## Nutrition and Ingredient Statement

**Product Name:** French Toast & Sausage  
**Product Code:** FG1071  
**Serving Size:** 1 each (4.46 ounces)  
**Portions/Case:** 36

Nutrition Facts	
Serving Size 1 entree (4.46 oz)	
Servings Per Container 1	
Amount Per Serving	
<b>Calories 310</b>	<b>Calories from Fat 100</b>
% Daily Value*	
<b>Total Fat 11g</b>	<b>17%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol 35mg</b>	<b>12%</b>
<b>Sodium 580mg</b>	<b>24%</b>
<b>Total Carbohydrate 39g</b>	<b>13%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 13g	
<b>Protein 13g</b>	
Vitamin A 0%	• Vitamin C 0%
Calcium 6%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

### Ingredients:

WHOLE GRAIN FRENCH TOAST STICK (WHOLE WHEAT BREAD [WHOLE WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WHEAT GLUTEN, YEAST, SOYBEAN OIL, SALT, MONOGLYCERIDES, CALCIUM PROPIONATE (PRESERVATIVE), DATEM, CALCIUM SULFATE, MONOCALCIUM PHOSPHATE, SOY LECITHIN, POTASSIUM IODATE], WATER, WHOLE WHEAT BATTER [SUGAR, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), POWDERED SUGAR, DEXTROSE, DRIED WHOLE EGGS, YELLOW CORN FLOUR, CORN SYRUP SOLIDS, NATURAL FLAVOR, MODIFIED CORNSTARCH, SALT, NONFAT MILK, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), SPICE, MODIFIED CELLULOSE GUM, SPICE EXTRACTIVE], COATING [ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SUGAR, SOY FLOUR, SALT, DEXTROSE, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), YEAST], SOYBEAN OIL, CINNAMON SUGAR [SUGAR, CINNAMON, SILICON DIOXIDE (ADDED TO PREVENT CAKING)]), COOKED MAPLE FLAVORED SKINLESS TURKEY SAUSAGE LINKS (TURKEY MEAT, MAPLE SYRUP, WATER, LESS THAN 2% SALT, SPICES, NATURAL FLAVOR).

### Allergens:

Egg, Milk, Soy, Wheat.

### Notes:

1 oz MMA, 2 oz eq Grain

This nutritional data is approximated. It was derived by calculation from information supplied by our vendors, and from commercially available databases.

Debbie Blacher

Signature

Debbie Blacher

Printed Name

CEO

Title

August 11, 2019

Date

debbie@wholesomekitchens.com

Email

407-421-9529

Phone

## Nutrition and Ingredient Statement

**Product Name:** French Toast & Sausage

**Product Code:** FG1071

### Perfect For:

- ✓ Summer Feeding
- ✓ Breakfast Meals
- ✓ Grab & Go
- ✓ Satellite Feeding





## Product Formulation Statement

**Product Name:** French Toast and Sausage  
**Product Code:** FG1071  
**Serving Size:** 1 each (4.5 ounces)

### Meat/ Meat Alternate

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate.

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Portion of Creditable Ingredient	Multiply	FBG Yield/ Servings Per Unit	Creditable Amount*
Ground Turkey	1.52	X	11.2/16	1.064
<b>Total Creditable M/MA Amount<sup>1</sup></b>				<b>1.00</b>

\*Credible Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

### Grains

**I. Does the product meet the Whole Grain-Rich Criteria?:**  Yes  No

*(Per SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)*

**II. Does the product contain non-creditable grains?:**  Yes  No

*(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)*

Description of Product per Food Buying Guide	Grams per Portion of Creditable Ingredient A	Divided	Food Buying Guide Yield B	Creditable Amount in Grains Breads Ounce Equivalents A ÷ B
Whole Wheat Flour	16.47	/	16	1.02
Enriched Flour	15.70	/	16	0.98
<b>Total Creditable Amount<sup>1</sup></b>				<b>2.0</b>

<sup>1</sup>Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq.



## Product Formulation Statement

**Product Name:** French Toast and Sausage

**Product Code:** FG1071

Total weight (per portion) of product as purchased: 4.46 oz  
Total Creditable MMA amount of product (per portion): 1.0 oz  
Total Grain/Bread contribution of product (per portion): 2.0 oz equivalent

I certify that the above information is true and correct and that a 4.46 oz serving of the above product contains 1.0 oz of equivalent meat/meat alternate and 2.0 oz equivalent grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Debbie Blacher

Signature

CEO

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debbie@wholesomekitchens.com

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